**COVID-19: ADDITIONAL GUIDANCE FOR CLUBS**

**Personal hygiene measures**

* Everyone should be encouraged to cover their coughs and sneezes with a tissue or use the inside of their elbow. Used tissues should be disposed of in a hygienic fashion (where possible members should dispose of any used tissue in your own bag and bring it home) the members should be reminded to wash their hands immediately with soap and warm water or hand sanitizer that contains at least 60% alcohol. This hand sanitizer should be readily available and easily accessible.
* Where possible, facilitate handwashing with soap and water for at least 20 seconds for everyone on arrival and departure from the location where the activity is taking place, as a minimum. Support healthy hygiene by providing all supplies including soap, paper towels, tissues, and no-touch/foot pedal rubbish bins. If hand-washing facilities are not available, hand-sanitizer containing at least 60% alcohol should be used as an alternative. Regardless of availability of hand-washing facilities, hand-sanitizer should be readily available to all members, that can be used regularly after handling equipment, coughing or sneezing or having direct contact with others. Children should be supervised when handwashing or using hand sanitizer
* Avoid sharing of water-bottles. Each member should bring their own water-bottle.
* Discourage sharing of items that are difficult to clean or disinfect. Do not allow sharing of towels, clothing, or other items used to wipe faces or hands.
* Spitting should be strictly forbidden.
* On entering, leaving and moving around a playing facility, it is recommended to wear a face covering
* Players not involved in on court activities (ie on the bench) are encouraged to wear a face covering
* Coaches are required to refrain from shouting

**Toilets:**

Toilets should have restricted access and must be regarded as potentially contaminated areas. Ventilation is important, doors and windows should remain open in so far as is reasonable and appropriate. Basic hygiene etiquette adapted to the circumstances should be promoted: for example, use of elbows to open doors, and using paper towels to turn taps on and off and to flush. On exit of toilet, use hand sanitizer. There should be a regular cleaning programme with daily deep disinfection in place.

**How to manage a member with COVID-19 symptoms**:

* Ideally the designated COVID-19 Compliance Officer should take charge of the management of any persons with COVID-19 symptoms.
* Immediately separate any person displaying or complaining of COVID-19 related symptoms from other members present in the club.
* Ask this person to wear a face covering if possible or if available provide them with a facemask.
* The designated person managing the situation should try to maintain at least 2 metres from the person with symptoms and should wear a face covering and wash their hands regularly.
* Provide the ill person with tissues and hand sanitizer and ensure that all tissues are disposed of in a waste bag that can be tied and marked as separate from other waste.
* If they are well enough to go home, arrange for them to be transported home by a family member, as soon as possible and advise them to inform their general practitioner by phone of their symptoms.
* If they are too unwell to go home or advice is required, contact 999 or 112 and inform them that the sick person is a COVID-19 suspect.
* All persons who have been in close contact with the suspect case will need to be informed to restrict their movement for 14 days or until further information is available (i.e. a negative test result of the suspect case).

**First Aid**

* First Aid may still be administered to a player by an appropriate person. This should take place away from the playing area, with recommended PPE to be worn by both the First Aider and the injured player were possible – this includes; face covering, gloves, apron. All equipment must be sanitised and disposed of appropriately.

**Equipment:**

* Clubs should ensure cleaning and sanitation of all equipment throughout and after sessions.
* Each member should be aware that they should not share equipment if they have broken skin, cuts or sores that cannot be completely covered with a waterproof dressing

**Cleaning and Disinfection Measures:**

* 1 staff member/coach should be designated in charge of cleaning and disinfecting of any shared equipment before, during and after all sessions/activities.
* Minimize equipment sharing, and clean and disinfect shared equipment between use by different people.
* Develop a schedule for increased, routine cleaning and disinfection of all frequently touched surfaces.
* Ensure safe and correct use and storage of disinfectants, including storing products securely away from children.
* In addition to cleaning and disinfecting equipment, provide and encourage members to use hand sanitizer to disinfect their hands after playing contact sports or activities or using any shared equipment.
* Use gloves when removing rubbish bags or handling and disposing of any rubbish and wash hands with soap and water for at least 20 seconds afterward.

**Contact Tracing Measures:**

* A log of all members attending every session, with contact information for contact tracing purposes must be recorded to enable contact tracing, should it be required.
* This log should be electronic and should be completed in advance where possible.
* The designated COVID-19 Compliance Officer should ensure that the information recorded in advance on the log is accurate each day.
* This log should be readily and quickly accessible for contact tracing purposes.
* A template has been provided
* It is recommended that all participants download the STOPCovidNI app https://www.publichealth.hscni.net/covid-19-coronavirus/testing-and-tracing-covid-19/stopcovid-ni-contact-tracing-app

**Communication with parents and children:**

* Communicate all new measures and rules which will need to be implemented related to COVID-19 with parents in advance of resumption of any activities. Ensure that parents and children understand what measures are obligatory.
* Ensure that parents and children are fully aware of all symptoms of COVID-19. The most common signs and symptoms of COVID-19 are available on the NHS website.
* Ensure all parents understand the requirement if they have had recent close contact with a suspect or confirmed COVID-19 case. Further information on when and how to self-isolate and restrict movement are also available on the NHS website.